

# PITTSBURGH SOUTH HILLS ALUMNAE CHAPTER of DELTA GAMMA

## NOTE FROM THE PRESIDENT

My Delta Gamma Sisters:

Welcome all! As I return from our biennial convention and head into my second year of my term as your South Hills Delta Gamma Chapter President, I continue to be amazed by our fraternity. We remain leaders amongst other panhellenic groups in fundraising for our philanthropy - The Delta Gamma Foundation and its Service for Sight Projects. Our South Hills Alumnae Chapter continues to "Do Good" each year contributing to service for site projects and earned alumnae recognition at convention including the *Five Star to Alumnae Success Award* and recognition for both Outstanding Philanthropy Service and Fundraising. I am eager to continue doing good, having fun and working with such an amazing group of women this year.

Chartered on February 23, 1959, our membership has welcomed Delta Gamma alumnae living in and around the South Hills of Pittsburgh for over 55 years! Our general meetings are held throughout the year with several other social opportunities such as lunch bunches, dinners, theatrical events and other special events.

Locally, our chapter participates in a successful pecan sale each year enabling us to support numerous charities both locally and nationally. We continue to sell our delicious mammoth half pecans, (great for baking, salads and just eating) and the very popular chocolate covered pecans as our annual fundraiser. Please start gathering your list of pecan customers now so we will continue to have a successful pecan sale later this fall. We also collect Campbell's Soup Labels and General Mills BoxTops for

Education to support blind schools across the country. Last year we ranked 9<sup>th</sup> collecting these Labels for Education. We also provide support for three area collegiate chapters: Beta Nu at Carnegie Mellon University, Epsilon Delta at Washington and Jefferson College, and Epsilon Eta at Indiana University of Pennsylvania.

Convention speaker and Delta Gamma alumna, Erin Reach Condren, stated, "Friendships last forever when sisters come together." This year is no exception. Our executive board has organized some awesome programs for us to enjoy; as well as keeping our perennial favorites. We hope that you will join us for as many programs as you can. Remember that to be in "Good Standing" as an alumna, you are simply asked to pay your dues. There is no requirement to attend any particular meetings. Simply attend what appeals to you most and what your schedule allows. Know that you are always welcome and valued whenever you attend any Delta Gamma event.

As women, we fill many roles and lead busy lives. Our lives may change as our roles change, but through it all, we still need friendships, laughter, conversation, and a warm smile from those that understand and care. No matter what roles you fulfill, you will find sisterhood among us. Whether you are a familiar face or new to our group, I invite you to join us as we begin another exciting DG year.

*for hope, for strength, for life.*

Gretchen H. Crane  
President 2013-2015  
Epsilon Beta, Bucknell  
[ghcrane86@gmail.com](mailto:ghcrane86@gmail.com)  
(h)412.882.0224  
(c)412.327.7332

## PITTSBURGH SOUTH HILLS CHAPTER 2014-2015 OFFICERS:

**President**  
Gretchen Crane

**First VP: Programming**  
Patty Maloney  
Kim Jamison -  
*special events*

**Second VP: Communications**  
Carole Stevens -  
*Recording Secretary and e-Ops*  
Carolyn Rulong -  
*newsletter, directory*  
Sarah Beitler -  
*website*

**Third VP: Membership**  
Dana Logan -  
*locations and retention*  
Katie Zimmerman -  
*Evites*

**VP: Pecans - Fundraising**  
Sarah Beitler -  
*distribution*  
Cindy Lucas -  
*finance*

**VP: Finance**  
Kathy Rulong

**Anchora/PR:** Mary Kay Mitchell  
**Foundation:** Wendy Heleen  
**Panhellenic:** Gretchen Crane  
**Sponsorship:** Linda Daum

---

## DELTA GAMMA 2014-2015 ALUMNAE DUES

We are collecting dues! All of you should receive a bill for \$25.00 for your per capita dues from EO (see Alumnae Direct Invoicing below). EO uses a web-based, electronic payment system provided by MemberPlanet. If you wish to do so, you may also pay your Pittsburgh South Hills Alumnae Chapter local dues via the MemberPlanet website. The MemberPlanet web address is: [www.memberplanet.com/s/deltagamma/alumnaedues2015](http://www.memberplanet.com/s/deltagamma/alumnaedues2015). Local chapter dues are \$20.00. Alternatively, you may send your local dues to our VP: Finance, Kathy Rulong. Please make your check payable to: Pittsburgh South Hills Delta Gamma.



**Kathy Rulong**  
**4070 Breckenridge Drive**  
**Presto, PA 15142**  
**412.429.3220**



If you are new to the alumnae group and wish to pay by check please provide the following information when you mail your dues to Kathy: Full Name (including Maiden Name if applicable), Chapter/University attended, Initiation Year, Address, Email, Home or Cell Phone Number.

Your local dues help support our local chapters efforts with: Founder's Day, alumnae group operating expenses, alumnae group mailings (newsletters, invitations, etc.), special interest groups and events, new programming opportunities, local awards and recognition, local group websites, fundraising, monthly/quarterly meetings, yearly fees and assessments for groups, and Convention fees (annually for chapters). Please contact Kathy at 412.429.3220 or e-mail at [krulong51@gmail.com](mailto:krulong51@gmail.com) if you want more information for paying your dues.

---

### ALUMNAE DIRECT INVOICING

A few years ago Delta Gamma began mailing or e-mailing invoices to all alumnae for per capita dues. This was done to allow local leadership to focus their time and energy on implementing meaningful programming and activities. Per capita dues support national efforts. Local dues support the functioning of our chapter here in Pittsburgh. Both are important to keep our organization functioning in a fiscally responsible manner. Both are the responsibility of members in good standing.

Per capita dues ultimately support you, the member. Per capita dues help for the ANCHORA magazine, [deltagamma.org](http://deltagamma.org), Convention, recruitment, expansion and

support of regional teams. And with the anticipated increase in the number of dues-paying members, Delta Gamma can be more creative and innovative with funding. Being able to enhance programming, meet more needs and provide tools for alumnae to do new things that are in line with our mission.

To ensure that duplicate payments for dues do not occur, we encourage you to pay through the direct invoice process.

---

### WE NEED YOUR EMAIL ADDRESSES!

Any updates to your personal contact information including any email addresses that we do not have already should be forwarded to Carolyn Rulong. Her email is [rulong.cj@gmail.com](mailto:rulong.cj@gmail.com).

Email is becoming more and more important to our chapter communications. So if you have a new email address or have recently changed your email, please make sure to send Carolyn an email to let her know of the change or addition.

important to send Carolyn updated email addresses. Directories will also be provided to local dues paying members. If you want to receive a Directory please pay your local dues to Kathy Rulong or online at: [www.memberplanet.com/s/deltagamma/alumnaedues2015](http://www.memberplanet.com/s/deltagamma/alumnaedues2015)

We will send all events reminders via Evites. As you can see, email is a very important way for us all to stay in contact.

To streamline our communications and to cut some operating costs, newsletters are sent via email so it is

---

**DELTA GAMMA PROGRAMS 2014-2015**

**September 17, | Wednesday | 6:30pm**

**Lasagna Kick-Off Meeting**

Reconnect with area Delta Gammas and hear a convention recap as we Kick-off another fabulous year!

**September 14 – 20: DO GOOD Week**

**\*October 1 | Wednesday | 11:30am**

**Lunch Bunch - TARTINE**

400 Main St., West End | 412-921-1600  
We will return to this cozy French café—a favorite spot from last year. CASH ONLY

**October 19 | Sunday | 9:00am**

**Vision Walk – Heinz Field**

**October 23 | Thursday | 6:30pm**

**DG Dinner – Bravos – Galleria, Mt. Lebanon**

1500 Washington Road – 412-343-3366

**November –Our annual pecan sale begins!**

**PECANS \* PECANS \* PECANS \* PECANS \* PECANS**

**November 12 | Wednesday | 7:00pm**

**Wine Tasting at Carole Steven**

2434 Bershire Drive, Upper St. Clair – 412-401-3891

**\*November 14 | Friday | 12:00pm (Noon)**

**Lunch Bunch - MATEO'S**

*Note time change. Chef Franco doesn't get started until noon.*

718 Brookline Boulevard | 412-561-1814

Franco is the owner and chef and frequently the waiter-- He does it all! - Flawless pasta and great sauce. Sauce and soup to go.

**December 6 | Saturday | 1:00pm**

**Houlihan's Holiday Lunch - Galleria, Mt. Lebanon**

1500 Washington Road – 412-379-4811

Take a break from your h-oliday shopping and bring your mom, sister or favorite shopping buddies and join us for lunch at Houlihan's in the Galleria. A holiday lottery wreath will be raffled to raise money for the Delta Gamma Foundation. Raffle tickets may be pre-purchased by contacting Gretchen Crane – 412-882-0224 or [gcrane86@gmail.com](mailto:gcrane86@gmail.com)

**\*December 11 | Thursday | 11:30am**

**Lunch Bunch - ONE THIRTY ONE EAST**

131 East Main St., Carnegie 412-276-1205

Eclectic menu with lots of unique selections. Known for their crispy Brussels sprouts, this has become a popular Carnegie destination.

**January 9 | Friday | 7:30pm**

**"Murder for Two" - Pgh Cabaret Theater**

Everyone is a suspect at the CLO Cabaret. In this witty & winking homage to old fashioned murder mysteries, one actor investigates the crime, the other plays all of the suspects, and they both play the piano.

**RSVP: DEADLINE November 20<sup>th</sup>**

**\$32.50 per ticket**

Checks made payable to:

Patty Maloney

1769 Taper Drive, Pittsburgh, PA 15241

**\*January 21 | Wednesday | 11:30am**

**Lunch Bunch - SLATE BISTRO**

24 Donati Rd., Bethel Park | 412-833-7000

Let's try again! American cuisine with innovative twists. Elaine vouches for the Chicken Marsala

**\*February 9 | Monday | 11:30am**

**Lunch Bunch - CAFÉ IO**

300 Beverly Rd., Mt. Lebanon | 412-440-0414

Jeff Iovino is masterful with soups, fish, and Caesar salad. Lots of other great selections

**Feb: Super Chili Supper & Wellness Seminar**

TBA

**\*March 11 | Wednesday | 11:30am**

**Lunch Bunch - KABOB G GRILL**

3821 Willow Ave., Castle Shannon | 412-343-3383

This family owned restaurant specializes in Mediterranean delights and comfort food.

**March 15 | Sunday | 2:00pm**

**"Boeing Boeing" Pgh Cabaret Theater**

One man & 3 stewardesses: Bernard, a self-styled playboy, has Italian, German, and American fiancées who are stewardesses with frequent "layovers". BUT, unexpected schedule changed bring all 3 to Paris and his apt. at the same time.

**RSVP: DEADLINE January 30**

**\$27.75 per ticket**

Checks made payable to:

Patty Maloney

1769 Taper Drive, Pittsburgh, PA 15241

**March 28 | Saturday**

**Founders Day**

The Chadwick - Wexford

**April 10 | Friday**

**Dirty Dancing – Benedum Center**

*Organized by the Pgh. Chapter*

Details to follow

**April 11 | Saturday | 11:00am**

**Panhellenic Scholarship Benefit Luncheon –**

The Chadwick – Wexford – Doors open at 11:00

**\*April 14 | Tuesday | 11:30am**

**Lunch Bunch - CUCINA BELLA**

1200 Pennsylvania Ave., Bridgeville

Known for their pizza, we can do some sisterhood sharing.

**April:** Yoga lesson

TBA

**April:** Columnae dinner event with Epsilon Delta Seniors at W & J

TBA

**April 30 | Thursday | 3:00-5:00pm**

**Golden Anchor Tea – Friendship Village**

C Wing Card Room

**May 12 | Tuesday | 6:30pm**

**Salad Supper & Installation of New Officers**

Stacy Jones house (Wendy's sister)

670 Scenic Ridge Drive

Peters Twp.

Wendy Denton Heleen will co-hostess

**\* Denotes Lunch Bunch**

### SPONSORSHIP

We need your help! All we ask is that you keep us informed of qualified collegiates who you know are attending colleges and universities that have a Delta Gamma chapter.

The girl next door. Your baby-sitter. A friend's daughter. The friends of your son/daughter. Do they meet the five points of Delta Gamma's membership star? We want our collegiate chapters to know that these qualified women will be attending their university and the only way we can accomplish this is with your assistance.

Send your voluntary Sponsorship Forms to me, Linda Daum, and I will forward them to the appropriate collegiate chapters. You will be an immense help in the sponsorship process.

If you have any additional questions, feel free to contact me. If you need a blank Sponsorship Form just contact me and I will send/email it to you.

ITB, Linda Daum

### A DELICIOUS WAY TO HELP

I scream, you scream, we all scream for PECANS! In November, we will receive a supply of 1-pound bags of pecans. Everyone is needed to get these large, super-fresh pecans to those industrious holiday bakers and hungry snackers. We will also offer chocolate covered pecans, which continue to be extremely popular. All of our pecans make great gifts – hostess gifts, office co-workers, teachers, hairstylists, mail carrier, etc. Make you Christmas shopping easy this year with DG fresh pecans!

Why DG pecans? DG pecans are larger, tastier and a better value than the nuts sold at your local grocery store.

The growers at Atwell Farms in Georgia specialize in pecans and the farm has been producing quality nuts since the 1930s. There is no skimping, no unusable tiny pieces and no stale goods.

Providing samples is a great way to showcase the deliciousness of our nuts! So try the recipes below, which are always crowd pleasers. It helps to print copies of the recipes to include with any pecan sales. Also, these nuts freeze well so plenty can be stored in your freezer and ready when you need them.

This is our only fundraiser and is held just once per year!

You make all the difference, so please support the annual pecan sale!

If you're new or have questions, feel free to contact Sarah Beitler (412.720.6871) and Cindy Lucas (412.571.1222). It's a great way to make a delicious difference and DO GOOD!

#### **Recipe: Rolo PECAN Pretzel Bites** **{Easy and Delicious!}**



For these tasty treats, all you have to do is lay the pretzels on a baking sheet and top each pretzel with an unwrapped Rolo candy.

- Bake in the oven at 250° for 4-5 minutes (no longer).
- When you remove them from the oven, the Rolo will still be in the same shape as when it went in the oven. Place a pecan half on top of the Rolo and press down a bit.
- Top each Rolo with one pecan half.
- Place entire baking sheet in the freezer for about 5-7 minutes to allow the Rolo to cool.
- Remove from freezer and enjoy! Or place in a container to enjoy later. These will last several days probably more, but they've never lasted that long in our house!

#### **Sugar Coated PECANS**



#### **Ingredients:**

- 1 egg white
- 1 tablespoon water
- 1 pound pecan halves
- 1 cup white sugar
- 3/4 teaspoon salt
- 1/2 teaspoon ground cinnamon

#### **Preparation:**

Preheat oven to 250°. Grease one baking sheet  
In mixing bowl, whip together the egg white & water until frothy. In separate bowl, mix together sugar, salt & cinnamon. Add pecans to egg whites, stir to coat the nuts evenly. Remove the nuts, and toss them in the sugar mixture until coated. Spread nuts out on the prepared baking sheet. Bake for 1 hour. Stirring every 15 minutes.

**“Campbell’s Labels for Education” and “General Mills BoxTops”**

Please help us collect Campbell’s Soup Labels and General Mills BoxTops for Education. These are successful foundation service projects that provide equipment to the DG schools for visually impaired children. Please bring your Campbell’s Labels and General Mills BoxTops to every meeting!

**Lions International**

Another foundation project in which we participate is the Lions International collection of old, used eyeglasses. If you have any glasses that you no longer use, please bring them to a meeting for donation. Thank you.



**DELTA GAMMA**  
FRATERNITY

*for hope. for strength. for life.*

Pittsburgh South Hills  
Alumnae Chapter of Delta Gamma  
301 Southvue Drive  
Pittsburgh, PA 15236

RETURN SERVICE REQUESTED